What Vitamins do you really need?
Only your body knows

Based on the results of your blood test, the **BodyBio Wellness Report** is the only definitive way to determine what vitamins your body needs.

**BODYBIO Wellness Report**

The **BodyBio Wellness Report** is derived from your blood test. It is available to anyone over 18 years of age who wants to improve their health naturally – with vitamins, minerals and nutrition. You are unique (we all are). Your list of supplements should be specific to you and you alone. The right nutrients for you hold the power to change your life.

- Used by Doctors Worldwide
- Fast, Easy and ACCURATE
- Includes Your Personal
  Vitamin Shopping List, Foods Rich in Your Vitamins, Foods to Avoid, Stress Relief, Personalized 7-Day Menu, and more…

To Learn more visit
BodyBioReport.com

Order The BodyBio Wellness Report for Your Patients
Key Features Include:

A. BIOMARKER STATUS REPORT

Graphical Interpretation:
Your blood test shows an overview of your health with a graphic representation of the deviations in your test results.
- Shows deviation from normal
- Highlights the trouble areas
- Easy to read color coded results

B. NUTRITIONAL SUPPLEMENT REPORT

Individualized nutritional intervention addresses abnormalities in the laboratory test results, and links to specific supplementation with vitamins, minerals, and essential fatty acids to normalize the individual's biochemical imbalances or deficiencies.
- Displays nutrients to balance your chemistry
- Directly linked to evidence-based medical data

C. NUTRIENT RICH FOODS

Foods rich in nutrients specific to individual need are listed, and should be selected over what is most appealing.
- List of nutrient-dense foods
- Foods linked to specific individual nutrient need
- Quick display of foods for optimal health

D. SUGGESTED BALANCED MENUS

Nutrient-dense, healthy foods are suggested in a menu format specific to macronutrient balance (protein, fat, carbohydrate).
- Sample diets to increase nutrient density
- Menus reflect foods that are supportive to optimize blood biomarkers

E. MUSCULAR POTENTIAL FOR EXERCISE

Your potential to exercise, maximization of your muscle function, exercise best suited to your biomarker balance and your ability to recover from physical exertion may be predicted by biomarkers in blood.
- Supportive nutrients listed to maximize muscle potential
- Exercise activity best suited per biomarkers in test results

F. STRESS QUOTIENT

Physical, mental, environmental and biochemical stressors can profoundly affect the body and mind. The failure to care for ourselves can be reflected in the blood chemistry. Taking a few moments to relax, enjoy a nutritious meal with friends and family, getting adequate sleep, or spending time in nature are all a part of enjoying good health.
- Help you feel in control
- Shows you ways to tend to your SELF
- Ways to gain a fresh perspective